

PLANNING SMALL GROUP

	Lundi		Mardi		Mercredi		Jeudi		Vendredi	
8h – 9h	7h45 Pilates						7h30 Pilates		Pilates	
9h - 10h							Sport-santé		Pilates	
10h - 11h										
11h15 – 12h15	Pilates									
12h15 - 13h15	Training	Pilates	Training		Training		Training		Pilates	
16h45-17h45					Training					
18h00-19h00			Training		17h55 Pilates		Training	Pilates		
18h30-19h30					Training					
19h00-20h00					Pilates					