

PLANNING SMALL GROUP

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
8h – 9h	7h45 Pilates				Pilates
9h - 10h			Pilates	Sport-santé	
10h - 11h					
11h15 – 12h15	Pilates				
12h15 - 13h15	Training	Pilates	Training	Training	Training
16h45-17h45			Training		
18h00-19h00		Training	17h55 Pilates	Training	
18h30-19h30	Training		Training		
19h00-20h00			Pilates		